

CORONAVIRUS UPDATE

MARCH 10, 2020

Virus Q-and-A

To help Shift Managers answer employees' questions:

Q: What is coronavirus?

A: Coronaviruses are a large family of viruses common in lots of animals, including cattle, cats and bats. Rarely, they can infect humans, as happened with MERS and SARS. This is a new type of coronavirus.

Q: What is COVID-19?

A: That's the name of the disease caused by this coronavirus.

Q: What are the symptoms of this new coronavirus?

A: Fever, coughing, shortness of breath.

Q: How do you catch the coronavirus?

A: Coronavirus lives in the lungs of infected persons. It can be passed to others by sneezing or coughing. Or, for example, if an infected person coughs into their hand, shakes hands with someone else, and they touch their mouth, nose or eyes.

Q: If you're exposed to coronavirus, how long until symptoms show up?

A: Typically, it can take up to 14 days before symptoms begin to show. However, some infected persons may never show symptoms.

Q: How can I protect myself?

A:

- 1) Wash your hands often with soap and water for at least 20 seconds. Use hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- 2) Avoid touching your eyes, nose and mouth with unwashed hands.
- 3) Avoid close contact with people who are sick.

- 4) Stay home if you are sick.
- 5) Cover your mouth and nose with a tissue or shirt sleeve – not your hands – when coughing or sneezing.
- 6) Clean and disinfect objects you touch often, like your phone.
- 7) Greet each other with a smile, not a handshake.

Q: Should I wear a mask if I'm not sick?

A: There is no scientific evidence that wearing a mask reduces a person's risk of infection. The CDC does not recommend that people who are well wear a face mask to protect themselves from respiratory illnesses, including COVID-19. You should only wear a mask if a healthcare professional recommends it. A face mask should be used by people who have COVID-19 and are showing symptoms. This is to protect others from the risk of getting infected. The use of face masks is also crucial for health care workers and other people who are taking care of someone infected with COVID-19.

Q: Can the coronavirus be transmitted by objects coming from affected areas, such as toys from China, or by inbound equipment?

A: Although it is unlikely, the usual applicable hygiene rules (SOPs) must be observed at all times.

Q: What if a flight had passengers infected with the coronavirus?

A: Our employees would not have any contact with the flight until authorities gave the all-clear.

Reference

Centers for Disease Control and Prevention. Coronavirus Disease 2019 (COVID-19) Frequently Asked Questions. Retrieved from <https://www.cdc.gov/coronavirus/2019-ncov/faq.html>